

Age Really IS A Number: A Ready to Go Curricular Plan Designed to Meet the Needs of a Growing Population



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CONFLICTS OF INTEREST AND DISCLOSURES

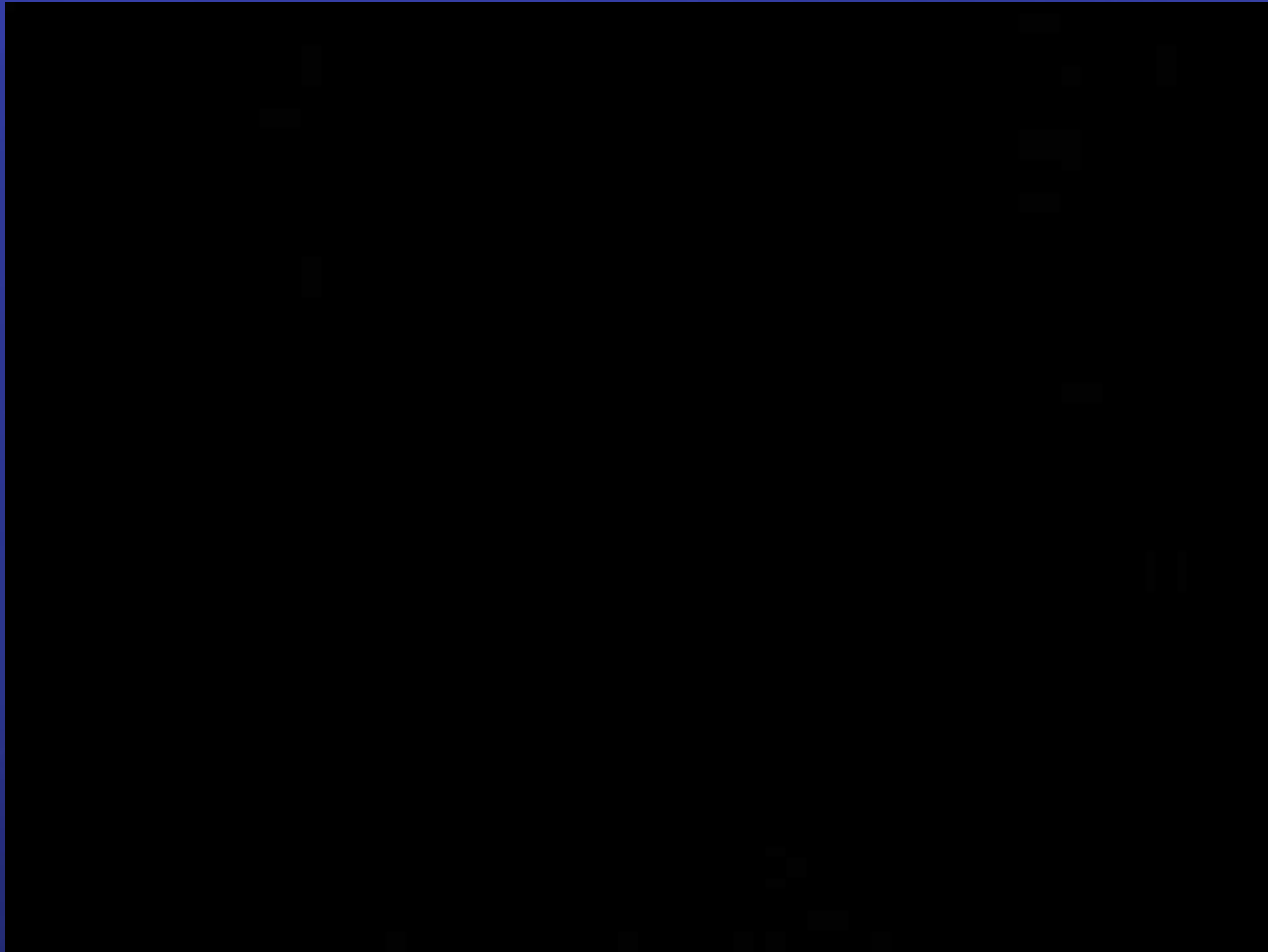
Neither the planner(s) or presenter(s) indicated that they have any real or perceived vested interest that relate to this presentation.



Ursuline  **VALUES • VOICE • VISION**

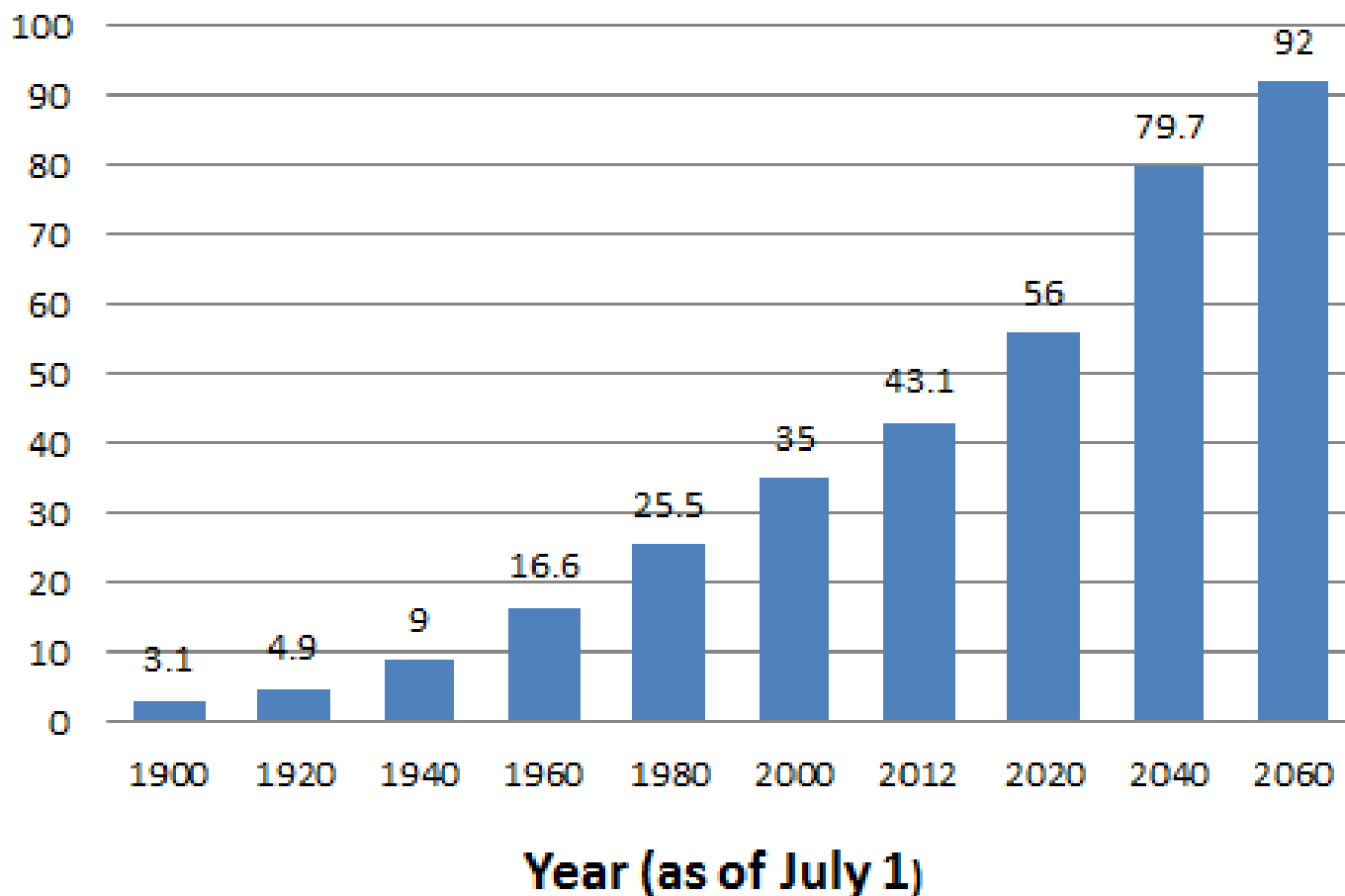
Pepper Pike, Ohio

Celebrate Life!



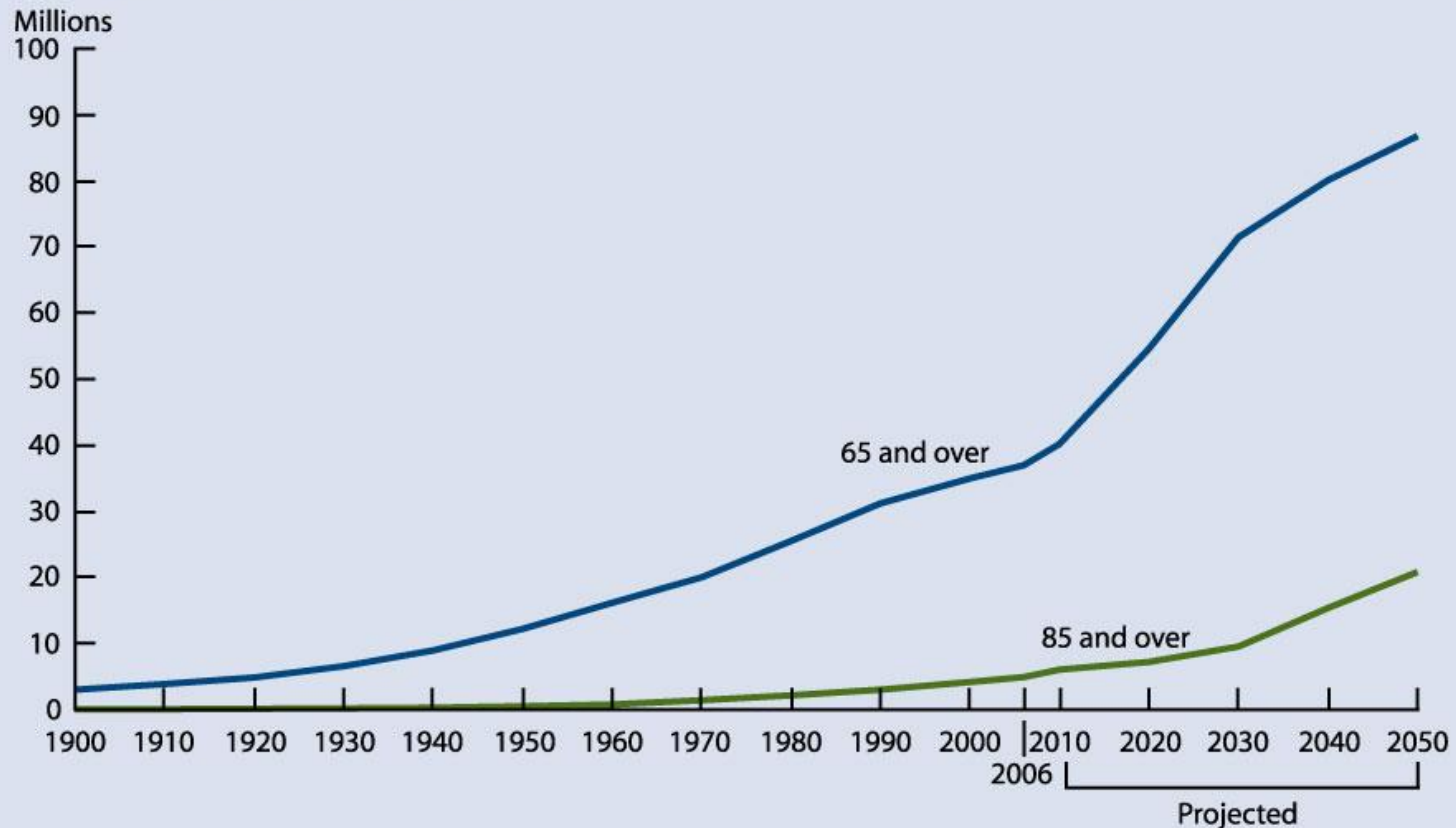
Statistics: DHHS Aging Administration

**Figure 1: Number of Persons 65+,
1900 to 2060 (numbers in millions)**



Background

Number of people age 65 and over, by age group, selected years 1900–2006 and projected 2010–2050



Note: Data for 2010–2050 are projections of the population.

Reference population: These data refer to the resident population.

Source: U.S. Census Bureau, Decennial Census, Population Estimates and Projections.

Myths or Not?

Aging Quiz

Linda M. Woolf, Ph.D., Webster University

Below are a series of statements; some are true, some are partly true, and some are false. Most are common beliefs held by most individuals in the United States. Check yourself to see how well you are able to separate fact from fiction.

True or False? The majority (more than 50%) of older adults will become senile (defective memory, disoriented, demented) during old age. [Answer](#)

True or False? Most older adults have no desire or capacity for sexual relations. In other words, most older adults are typically asexual. [Answer](#)

True or False? Chronological age is the most important determinant of someone's age [Answer](#)

True or False? Most older adults have difficulty adapting to change. In other words, they tend to be set in their ways [Answer](#)

True or False? Physical handicaps are the primary factors limiting the activities of older adults [Answer](#)

True or False? Declines in all five senses normally occur in old age [Answer](#)

True or False? Older adults are incapable of learning new information. In other words, "you can't teach an old dog new tricks" [Answer](#)

True or False? Physical strength tends to decline in old age [Answer](#)

True or False? Intelligence tends to decline with old age [Answer](#)

True or False? The majority of older adults say that they are happy most of the time [Answer](#)

True or False? The vast majority of older adults will at some point end up in a nursing home [Answer](#)

True or False? About 80% of older people say they are healthy enough to carry out their normal daily activities independently [Answer](#)

True or False? Most older adults are rejected by their children [Answer](#)

True or False? In general, most older adults tend to be pretty much alike [Answer](#)

True or False? The majority of older adults say that they are lonely [Answer](#)

True or False? Old age can be often characterized as a second childhood [Answer](#)

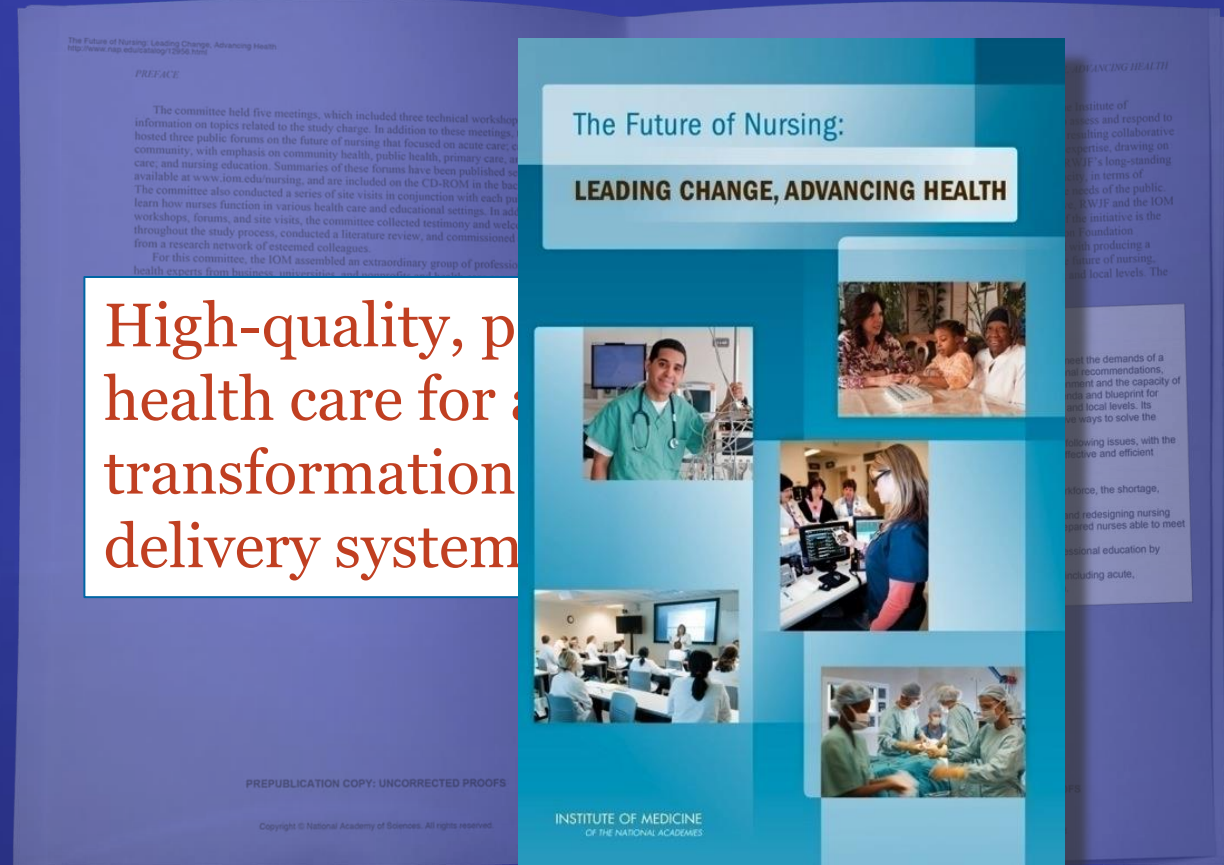
True or False? Over 12% of the population of the United States is over the age of 65 [Answer](#)

True or False? Most older adults tend to be accompanied with death [Answer](#)

12:41 PM
8/25/2014

Competencies

- IOM
- QSEN
- GNEC
- CCNE
- ACEN



OUTCOME

Commitment to serving the older-adult,
promoting person-centered, holistic, safe,
effective and quality-focused care.

Education

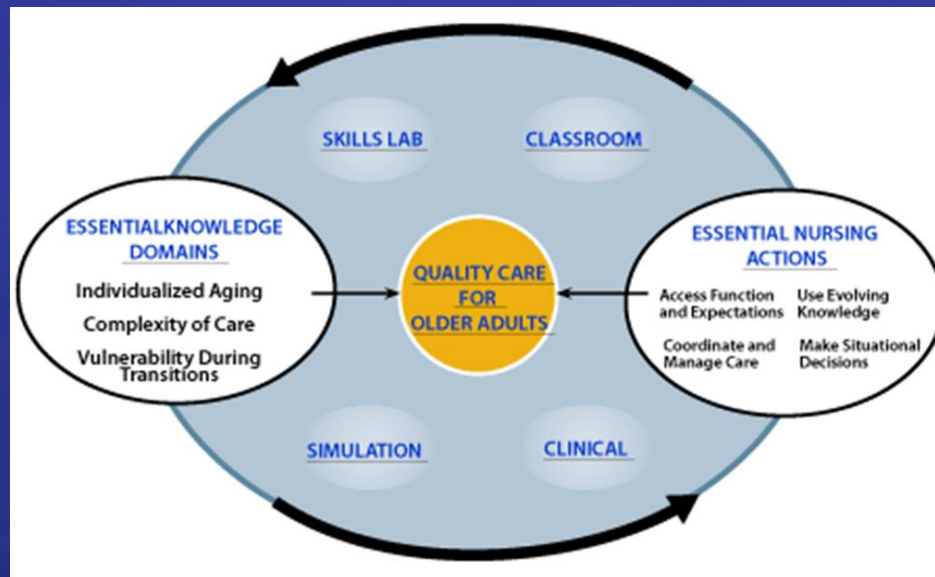
Integration

Operationalization



ACES

- **A**ssess Function and Expectations
 - **C**oordinate and Manage Care
 - Use **E**volving Knowledge
 - Make **S**ituational Decisions



ITERATIVE PROCESS

**Faculty
Education**

**Plan for
Integration**

Sophomore
*Classroom
*Laboratory
*Clinical

Junior
*Integrated
concepts

Senior
*Clinical
Transitions

Integration Plan



- Go to: <http://consultgerirn.org/>
- Go to *Try This* Series...view the series



- Go to: <http://www.nln.org/>
- Go to QUICK LINKS search drop down: Click on **ACES**

Course	ACES	Consult Geri	Try This Series
NR 215- Foundations of Holistic Nursing Practice	Dorothy, Henry Millie, Red Julia/Lucy End of Life Care: http://www.nln.org/facultyprograms/facultyresources/aces/end_of_life_decisions.htm	Advance Directives: http://consultgerirn.org/topics/advance_directives/want_to_know_more Elder Abuse/Neglect: http://consultgerirn.org/topics/elder_mistreatment_and_abuse/want_to_know_more Physical Restraints: http://consultgerirn.org/topics/physical_restraints/want_to_know_more Iatrogenesis: http://consultgerirn.org/topics/iatrogenesis/want_to_know_more Scopes and Standards in care of the Elderly: http://consultgerirn.org/resources/Scopes_and_Standards/ Advocacy: http://www.nln.org/facultyprograms/facultyresources/ACES/Dorothy_case.wav	Issue 15- Elder Mistreatment Assessment Issue D1- Avoiding Restraints in Patients with Dementia

NLN ACES

The screenshot shows a web browser window displaying the NLN ACES website. The browser's address bar shows the URL <http://www.nln.org/facultyprograms/facultyresources/ACES/inc>. The browser's tab bar shows several open tabs, including "Geriatric Nursing Resources for...", "National League for Nursin...", "Sharpnack, Patricia - Outl...", "Expert Tip #4 What to do ...", "Google", "http--www.aacn.nche.edu...", "Nursing Education Perspe...", "State of Ohio Board of Nu...", "Suggested Sites", "Ursuline College The Lea...", and "Web Slice Gallery".

The website header features the NLN logo (National League for Nursing) and the tagline "The Voice for Nursing Education". Navigation links include "Contact Us" and "Member Login". A "Quick Links" dropdown menu is visible.

The left sidebar contains a list of navigation items:

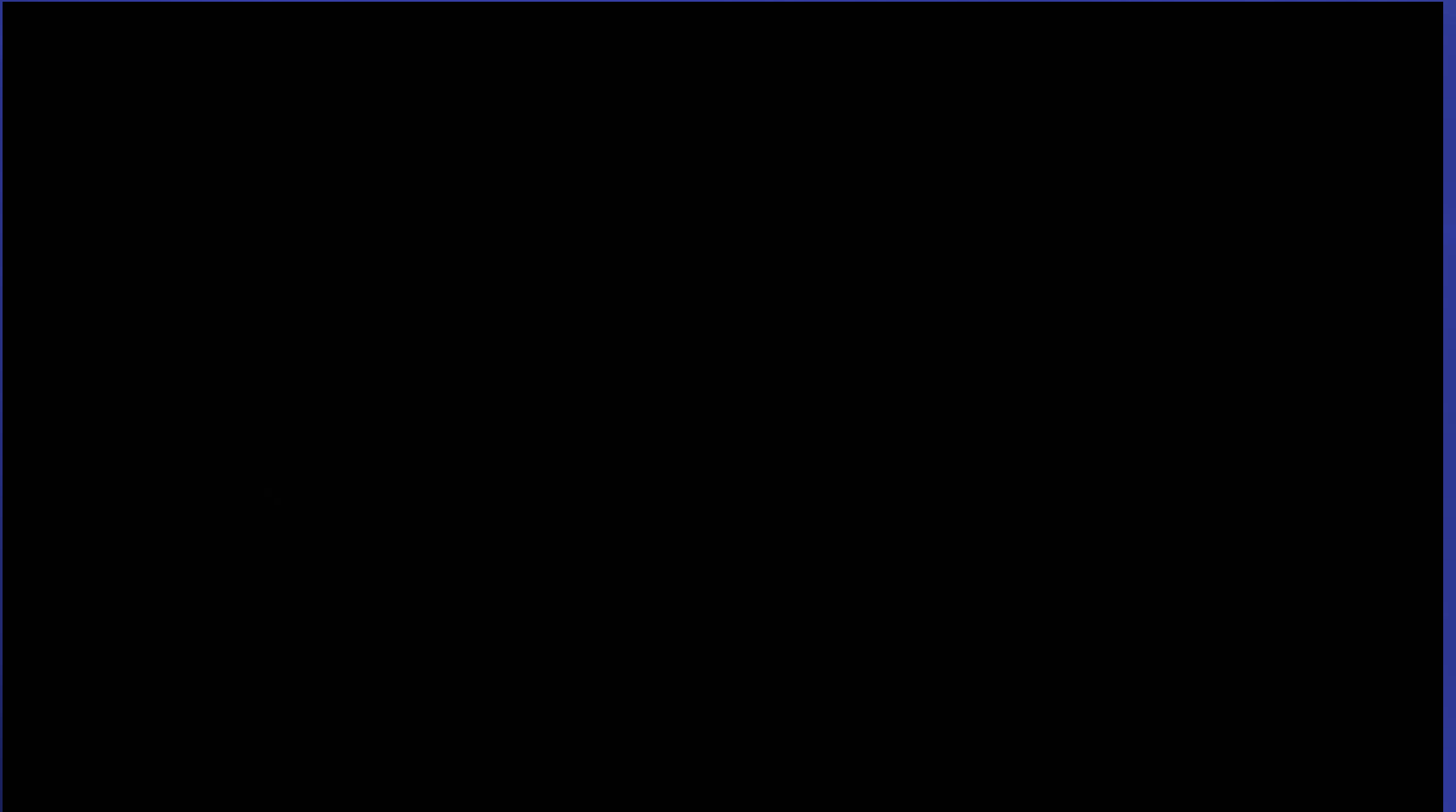
- ▶ About the NLN
- ▶ Certification for Nurse Educators
- ▶ Faculty Programs & Resources
- ▶ Faculty Programs & Resources
 - Professional Development Calendar
 - Leadership Activities
 - Teaching Resources
 - Simulation and Technology
 - NLN Competencies for Nursing Education
 - Get Involved
- ▶ Membership Information
- ▶ NLN Publications
- ▶ Public Policy
- ▶ Recognition Programs
- ▶ Research & Grants
- ▶ Testing Services
- ▶ NLN Education Summit

The main content area displays the breadcrumb "Home > Faculty Programs & Resources" and the title "Faculty Programs & Resources". Below this is the ACES logo and the tagline "Advancing Care Excellence for Seniors". A paragraph states: "The ACES Project aims to advance the care of older adults through innovations in nursing education. To learn more about the ACES Project please click on the links below." Below this text are six buttons arranged in a 2x3 grid:

- NLN ACES Framework
- ACES Workshops
- Unfolding Cases
- Teaching Strategies
- Additional Teaching Resources
- Development & History

A "BACK TO TOP" link is located at the bottom left of the main content area.

First Semester



Dancing Nana: Any safety concerns?



Geriatric Theory-Practice Assessment

At the completion of this assignment the student will be able to:

- I. Identify physiologic changes associated with the aging process.
- II. Perform the following assessments on a geriatric patient in clinicals:
 - I. Mini-Cog exam
 - II. Katz ADL assessment
 - III. Braden Assessment for pressure ulcer risk.
- III. Clarify values and beliefs held in relation to the older adult population.
- IV. Appreciate, understand how to access, and navigate evidence-based, best-practice geriatric resources such as ACES, Hartford Institute for Geriatric Nursing/ ConsultGeriRN.org Try This series for their care
- V. Develop a plan of care for an assigned ACES patient

Dementia Care

The screenshot shows a web browser window displaying the National League for Nursing (NLN) website. The page is titled "Faculty Programs & Resources" and features a sidebar with navigation links. The main content area includes a "Quick Links" dropdown, a "Contact Us" and "Member Login" section, and a "The Voice for Nursing Education" tagline. The main article is titled "Case #6: Judy Jones" by Jean Byrd, RN, MSN, CNE, an Assistant Professor at the Community College of Philadelphia. The article discusses Judy Jones, an 85-year-old widow with mild dementia, and her daughter Karen's role in providing support. The article also includes an "Overview" section and a "Monologue" section.


NLN National League for Nursing
The Voice for Nursing Education

Quick Links

Contact Us | Member Login

Home > Faculty Programs & Resources

Faculty Programs & Resources



ACES/Alzheimer's

Advancing Care Excellence for Seniors

Case #6: Judy Jones
Author: Jean Byrd, RN, MSN, CNE
Assistant Professor
Community College of Philadelphia
Philadelphia, PA

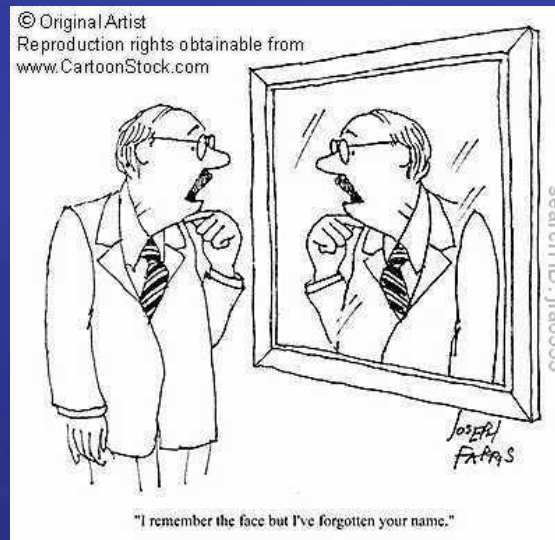
Overview: Judy Jones is an 85-year-old widow. Joseph, her husband of 50 years, died seven years ago. Three years ago Judy was diagnosed with mild dementia, and her oldest daughter, Karen, moved back into the family home to provide support for her mother. Judy also has two sons who live about an hour away. Karen works as a teacher in the local public school, and Judy has been able to stay home alone during the day while Karen is at work.

Monologue: As Judy is being admitted to the hospital with an upper respiratory tract infection, her daughter Karen describes her mother's recent increasing forgetfulness and need for more assistance with activities of daily living. Karen is feeling very guilty about not realizing how sick her mother was, and is showing

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Let's Practice

- Listen to the audio recording
- Work with your group to determine how you would integrate this tool into your course/curriculum.....



Second Semester – Hartford Institute

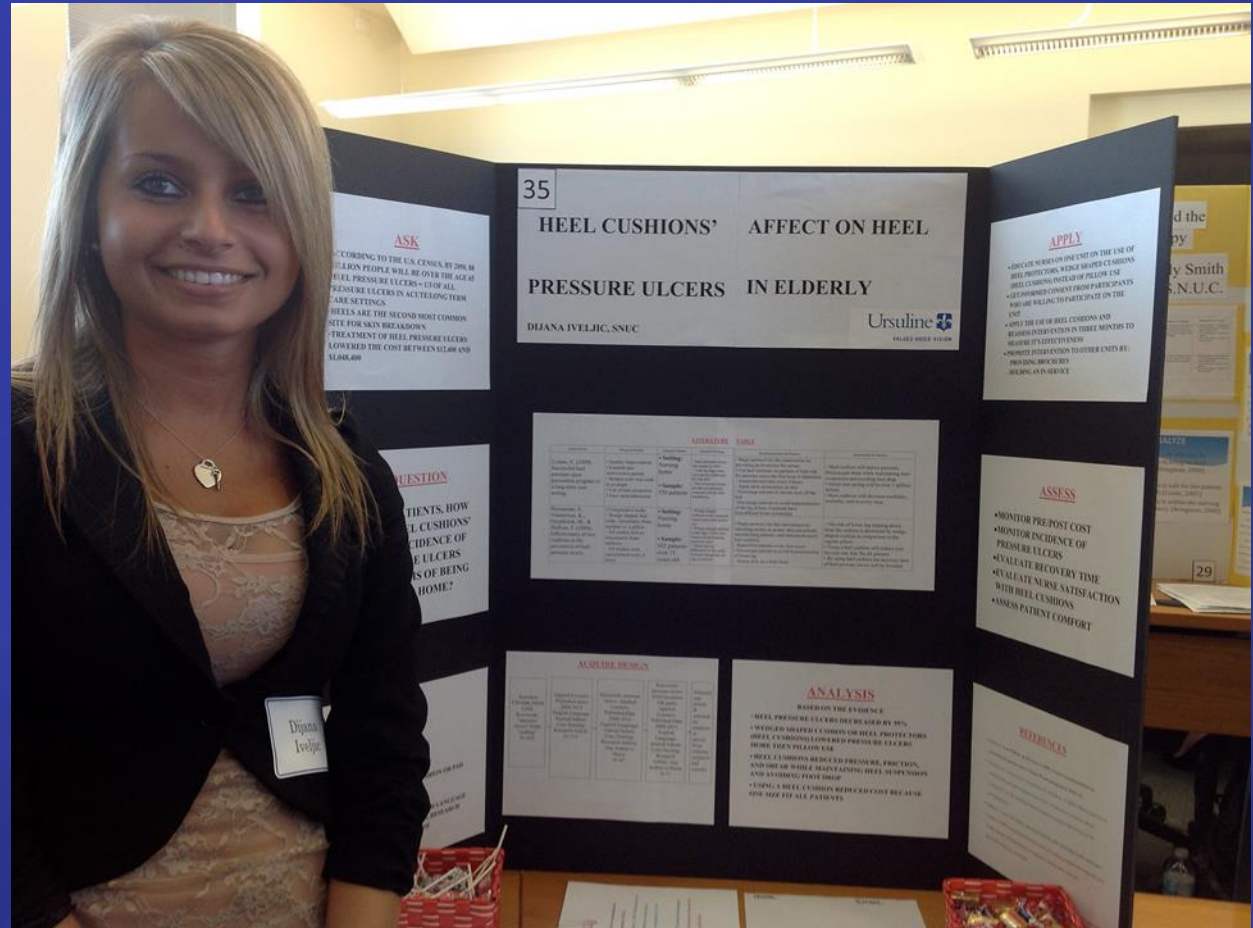
The screenshot shows a web browser window with the URL <http://consultgerim.org/resources>. The page header includes the Hartford Institute for Geriatric Nursing logo and navigation links for [home](#) and [site map](#). The main heading is **ConsultGeriRN.org**, with a search bar and a **go** button. A horizontal menu contains links for [about us](#), [clinical resources/tools](#), [continuing ed](#), [certification](#), [advocacy](#), and [specialty practice](#). Below this is a filter section for **evidence-based geriatric topics** and **need help stat:**, each with a dropdown menu. The page is divided into two main columns. The left column features a **resources** section with a prominent orange box stating: **Try This Issues are currently being updated. Please come back frequently for new issues and updates!** Below this is a section titled **Assessment Tools - Try This:® and How To Try This Resources** with a **+ Expand All** button. Two resource cards are visible: **General Assessment Series** (34 Issues) and **Specialty Practice Series** (6 Issues). The right column has a **resources** section with a list of categories: **Webinars**, **Advance Practice Faculty Resource Center**, **Apps**, **Aging Associations & Societies**, **Assisted Living/Nursing Home/Long-term Care**, **Baccalaureate Nursing Competencies**, **Clinical Teaching Modules**, **Educational Resources**, **eNewsletter**, **En Español**, **Geriatric Pictures**, and **Gerontological Certification**. The browser's address bar and tabs are visible at the top, and a URL bar is at the bottom left.

Applying the Evidence

Sophomore Nursing NR 265: Evidence-Based Practice Poster Presentations



April 22, 2013
3-5pm
PC 101



Junior Year – Professional Practice

NR 325- Professional Nursing Practice with Adults II	Dorothy Millie/Doris Red Henry Julia/Lucy	GNEC Podcast: <u>Assessment and Management of Cancer Related to Older Adults with Complex Care Needs</u> <u>Assessment and Management of Type II Diabetes in Older Adults with Complex Care Needs</u> <u>Assessment and Management of Heart Disease Related to Complex Care of Older Adults</u> Palliative Care: <u>http://consultgerirn.org/topics/palliative_care/want_to_know_more</u> Sudden Change in Function: <u>http://consultgerirn.org/topics/function/need_help_stat/</u> Unable to Control Urine-new or chronic: <u>http://consultgerirn.org/topics/urinary_incontinence/need_help_stat/</u>	Issue 27- General Screening Recommendations for Chronic Disease and Risk Factors in Older Adults Issue Sp1- Assessment of Nociceptive versus Neuropathic Pain in Older Adults Issue SP6- Perioperative Assessment of the Older Adult Issues 11.1-11.2- Acute and Chronic Urinary Incontinence
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Junior Year – Childbearing/rearing

NR 345- Professio nal Nursing Practice for Child- Bearing and Child- Rearing Families	Dorothy Millie Red Henry Julia/Lucy	Family Care-Giving: http://consultgerirn.org/topics/family_caregiving/want_to_know_more Family-Centered Approach to Care: http://consultgerirn.org/resources/patientfamilycenteredcare/	Issue D10- Working with Families of Hospitalized Older Adults with Dementia Issue 10- Sexuality Assessment in Older Adults Issue 22- Assessing Family Preferences for Participation in Care in Hospitalized Older Adults Issue 28- Preparedness for Caregiving Scale Issue 14- The Modified Caregiver Strain Index (CSI)
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What's in the News?



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People weekly

SEAN CONNERY

THE SEXIEST MAN ALIVE (1989)

Older, baldier... and better! Here's one leading man who doesn't need to fake it. Plus, for the first time, our look at 10 other contenders

Sevens' Hank
KID MANE

Sevens' Alfie
MICHAEL JOHNSON

Sevens' Top Guy
JOHN GIBSON

Senior Year

<p>NR 445- Professional Nursing Practice for Persons with Complex Psychiatric Needs</p>	<p>Dorothy Millie Red Henry Julia/Lucy</p> <p>Mental Health Needs: http://www.nln.org/facultyprograms/facultyresources/aces/mentalhealth.htm</p>	<p>Substance Abuse: http://consultgerirn.org/topics/substance_abuse/want_to_know_more http://consultgerirn.org/topics/substance_abuse/need_help_stat/</p> <p>Depression: http://consultgerirn.org/topics/depression/want_to_know_more</p> <p>Suicide in Elderly: http://consultgerirn.org/topics/depression/need_help_stat/</p> <p>The Brief Psychiatric Rating Scale: http://priory.com/psych/bprs.htm</p>	<p>Issue 4- The Geriatric Depression Scale (GDS) Issue 13- Confusion Assessment Method (CAM) Issue 19- Assessment of Post Traumatic Stress in Older Adults Issue 17- Alcohol Use Screening and Assessment</p>
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Senior Year

NR 455-
Professional
Nursing Practice
with Adults III

Dorothy
Millie
Red
Henry
Julia/Lucy
Maria

Geriatric
Syndromes:
http://www.nln.org/facultyprograms/facultyresources/aces/geriatric_syndromes.htm

GNEC Podcast:

[Critical Thinking Related to Complex Care of Older Adults](#)

[Assessment and Management of Older Adults with Complex Illness in the Critical Care Unit](#)

Critical Care:

http://consultgerirn.org/topics/critical_care/want_to_know_more

Issue 25-Confusion
Assessment Method
for the Intensive Care
Unit (CAM-ICU)
Issue D5-
Recognition of
Dementia in
Hospitalized Older
Adults
Issue SP4- Vascular
Risk Assessment of
the Older
Cardiovascular
Patient: The Ankle-
Brachial Index(ABI)

The older adult in the community

- Simulation
 - Home safety
 - Transitional care
 - Care for the caregiver
 - Population health



Closing the Loop



Dissemination

BUILDING GERIATRIC COMPETENCIES: BRIDGING THE GAP BETWEEN CLASSROOM AND CLINICAL PRACTICE



Laura Goliat, MSN, RN, FNP-BC and Patricia Sharpnack DNP, RN, CNE, NEA-BC

Introduction



The number of people age 65 and older expected to grow from 39 million in 2008 to 72 million by the year 2030

- Faculty must provide insight, expertise and be positioned in clinical environments that provide exceptional care to older patients (Wilson, 2010).
- Today's nursing programs must prepare graduates with the skills required to provide patient-centered care that meet the needs of older adults (Wilson, 2010).
- Clinical faculty may be unfamiliar with current research, best practices related to care of the aging client, and gerontological competencies

Purpose

- To strengthen student application of theoretical knowledge related to the care of the older adult.
- To improve student attitudes related to the care of the aging client, develop clinical reasoning and decision-making skills and contextualize concepts learned in the classroom by using best practice geriatric resources in the clinical setting.

Method

- A pre-test-post-test experimental design was used to measure attitudes of 32 sophomore level students in the first clinical medical-surgical course in a baccalaureate nursing program,

Instrument

KOPS-
Kogan's Old People Scale



Model



Procedure

- NLN's Advancing Care Excellence for Seniors (ACES), The Hartford Institute for Geriatric Nursing *Try This* Assessment series, Clinical Teaching Modules, and Geriatric Nursing Education Consortium (GNEC) podcasts were integrated into classroom and clinical teaching.
- Didactic faculty visited clinical sites, supported clinical faculty education and contributed to student learning, emphasizing geriatric education.
- Clinical faculty attended educational programs that promoted a strong geriatric knowledge base that augmented clinical assignments
- Students were surveyed pre-clinical and classroom content and at conclusion of clinical rotation

How To

try this



Results

Reliability: ($\alpha = .883$)
Kogan's Old People Scale consisted of 34 items

	Mean	N	Std. Deviation	Std. Error Mean
PreKOPS	143.6875	32	16.46391	2.91044
PostKOPS Score	155.1250	32	16.71343	2.95454

PreKOPS and PostKOPS Paired Differences						
Mean	Std. Deviation	Std. Error Mean	Interval of the		t	Sig. (2-tailed)
			Lower	Upper		
-11.4375	22.03507	3.89529	-19.38199	-3.49301	-2.936	.006



Limitations

- Faculty had previous experience teaching with a geriatric population
- KOPS Instrument may be dated in its wording and therefore response bias may be present

Conclusion

- Student attitudes toward the elderly improved with the use of ACES and other geriatric sensitive educational resources
- Faculty reported increased sensitivity to inclusion of geriatric issues

It is just a journey.....

