

Student reflection sheet:

<b>Emotional Response</b> One word – what were your feelings/thoughts?	<b>Interpreting, Responding</b> What was your priority intervention(s) and why?	<b>Reflecting</b> How might this experience help you in the future?
<b>Noticing</b> What was happening?		<b>Take aways</b> What did you learn?
Based on Boise State Debriefing tool. Tanner, C. A. (2006). Thinking like a nurse: A research-based model of clinical judgment in nursing. Journal of Nursing Education. 45:6, 204-211.		

Plus-Delta Checklist:

**Mom**

- Introduce Self to
  - Patient
  - Family
- ID with EMR
- VS – T P R BP O2
- Assessment
  - heart, lungs, BS
  - Breasts
  - Uterus
  - Bladder
  - Bowel
  - Lochia
  - Incision/Hemorrhoids
  - Calves/edema
  - Emotions
  - Performs own assessment
- Pain – P Q R S T \_\_\_#
- Takes verbal order from MD for discharge Medication
  - Ibuprofen
  - Norco

- ID with EMR
- VS – T P R
- Assessment
  - Lungs, Heart, BS
  - Skin/color
  - Cord
  - Fontanel
- Asks about breastfeeding
- Asks about wet diapers
- Notes acrocyanosis
- Calls Peds for discharge order
- SBAR:  Identifies self and patient
  - background (3 day C/S)
  - assessment (VS, Brstfdg, jaundice)
  - read back
- Provides teaching re: cord care etc.

**Baby**

- Introduce Self to
  - Mother
  - Family